J.T. Ellison		
Want to be in my next book? 1 + Nick & Mike return, SLICES & STORM are available in print, and a delicious GF Quiche		
February 2017 Newsletter Vol. CLXXXIII		
Hi, Gentle Reader! Welcome to February.		
Love is in the air!		
How's it going? I hope you're hunkered down and filling your days with mugs of tea and a good book or two.		
I'm hunkered down myself at Chez Ellison, typing away at my next standalone novel, and getting ready forthe release of THE DEVIL'S TRIANGLE next month. A couple of days ago, I looked at my calendar and realized something: I have a ton of creative projects this year. It's a blessing, for sure. But with many projects come many deadlines, so I'm trying to pace myself, to nurture my work and my soul. It's a balancing act, and some days are better than others. Yoga, reading, kitties, outings with hubby—these things feed me, keep me centered and strong. Don't forget to take care of yourself, chicken, and do at least one thing each day to feed your soul. Your spirit, your work, your family will be all the better for it.		
A fun side note: one of the coolest things that happens to an author is when they need to update their bio. It's even cooler when your update is sticking "Emmy Award-wining" in that bio. I'm proud to report the literary TV show I cohost, A WORD ON WORDS, won a regional Emmy! I'm still rather speechless but feel so honored to have the recognition of our peers for our work. And to think:I was this close from declining to host—because I was scared.		
Lots to share this month, including an amazingly cool contest, so here we go!		
Coming Soon: "A Brit in the FBI" #4		
Only a few more weeks until Nick and Mike are back on the scene! Catherine and I agree—this is the best installment of A Brit in the FBI so far. Have you ordered yours yet?		
P.S. Barnes & Noble has signed copies available. Just sayin'.		
THE DEVIL'S TRIANGLE, you say? Take my money, J.T.		

**Now Available in Print!** 

covers and—the biggie— <b>for the first time in</b> BABY and WHITEOUT.	PRINT! FYI: these collections include my Taylor Jackson novellas, BLOOD SUGAR	
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Hero or Villain Contest		
Contest time! For you newsletter readers only		
	riend and copy Assistant Amy (amy@jtellison.com), and you'll win a chance <b>to name a</b> next book! Even better, I'll let you choose whether you'll be a hero or villain. And there uding a \$100 gift card	
Want some details?		
Iw	vant to be in your next book. Tell me more!	
What I'm Reading		
	cause I'm now three seasons into <i>Breaking Bad</i> . I'm late to the show, and completely tremendously. It's all good, sometimes excellent television is as good for a creative boost	
Click each cover to learn more!		
February's Recipe		
Gluten-Free Quiche		
Over Christmas, I was spoiled rotten by my br	other's cooking skills. He made quiche for the family breakfast our first morning, but	
	a crust-less version for me. I've had it almost every morning since, and wow is it delightfu	

Of course you can pop this into a crust, but for those of us GF in the house, this is a great alternative. The best thing is you can

make it with anything you have—ham, bacon, spinach and peppers, all cheese—it's your choice.

## Hey, lady, gimme that quiche!

That's it from chatty me! Show someone a little love this month, get through this last stretch of winter, be nice to yourself, and we'll talk again soon.

XO,

Let's be friends. I don't bite!







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